

Triathlon / Duathlon Ergebnisse 2010 - Forstenrieder SC

Triathlon Gran Canaria am 21.März 2010

Langdistanz (3000m - 80km - 20km)

89	Biegner	André	M40	10	00:53:51	02:52:40	01:39:52	05:26:22
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Triathlon Deggendorf am 09.Mai 2010

Olympische Distanz (1500m - 38km - 10km)

18	Lang	Jens	M35	6	00:22:41	00:58:57	00:38:19	01:59:57
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Drei-Flüsse-Triathlon Gemünden am 15.Mai 2010

Olympische Distanz (1000m - 36km - 10km)

42	Arera	Oliver	M30	8	00:16:40	01:03:30	00:43:32	02:03:43
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Duathlon Krailling am 16.Mai 2010

Olympische Distanz (10km - 38km - 5km)

9	Häußler	Apollonia	W20	2	00:48:02	01:14:16	00:24:12	02:26:32
16	Schrittenlocher	Christina	W20	3	00:48:53	01:20:30	00:27:00	02:36:23
17	Schrittenlocher	Renate	W40	6	00:47:19	01:27:15	00:24:10	02:38:45
22	Conrad	Martina	W25	1	00:55:15	01:19:48	00:29:13	02:44:17
62	Dressler	Oliver	M35	12	00:41:12	01:16:22	00:20:58	02:18:34
72	Kanzi	Eugen Johann	M55	3	00:47:42	01:14:20	00:24:29	02:26:32
75	Korenko	Brono	M45	10	00:47:49	01:13:53	00:25:43	02:27:26

Volksdistanz (5km - 20km - 3,4km)

6	Stahlkopf	Sebastian	M30	2	00:17:27	00:34:55	00:13:29	01:05:52
26	Bonk	Thomas	M40	12	00:20:16	00:41:26	00:15:44	01:17:26
30	Stopf	Thomas	M40	14	00:22:42	00:41:47	00:16:49	01:21:19
33	Ralle	Thomas	M60	2	00:22:09	00:43:59	00:17:18	01:23:27
46	Maier	Gerhard	M60	3	00:26:58	00:48:36	00:20:36	01:36:11

Stadttriathlon München am 30.Mai 2010

Volksdistanz (425m - 19km - 5km)

37	Stahlkopf	Sebastian	AK3	12	00:06:31	00:27:26	00:20:26	00:55:39
294	Dressler	Oliver	AK4	46	00:09:10	00:32:27	00:23:36	01:07:34
297	Böhm	Gerhard	Sen1	50	00:07:17	00:30:07	00:27:52	01:07:37

Mönchshof Triathlon Kulmbach am 6.Juni 2010

Mitteldistanz (2000m - 85km - 20km)

35	Stenke	Andrea	W30	6	00:45:46	02:55:25	01:56:36	05:37:47
116	Schwencker	Robert	M35	15	00:45:24	02:30:46	01:36:51	04:53:01

Kallmünz Triathlon am 12.Juni 2010

Olympische Distanz (1500m - 42km - 10km)

174	Kanzi	Eugen Johann	M55	10	01:01:58	01:30:21	00:52:42	03:25:01
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Bad Endorf Triathlon am 12.Juni 2010

Volksdistanz (400m - 20km - 5km)

116	Hauck	Christian	M45	22	00:13:36	00:49:43	00:28:03	01:31:22
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Tölzer Triathlon am 13.Juni 2010

Olympische Distanz (1500m - 40km - 10km)

14	Häußler	Apollonia	AK1	4	00:31:21	01:24:20	00:51:23	02:47:05
32	Conrad	Martina	AK2	5	00:27:42	01:40:56	01:00:29	03:09:08
31	Stahlkopf	Sebastian	AK3	7	00:27:47	01:11:22	00:40:31	02:19:41
41	Lang	Jens	AK4	10	00:29:03	01:13:28	00:39:21	02:21:53
108	Bössler	Stephan	Sen1	22	00:28:55	01:20:57	00:46:26	02:36:19
118	Renger	Klaus	Sen3	5	00:32:44	01:19:30	00:45:46	02:38:01
122	Fleischberger	Robert	Sen1	28	00:34:31	01:16:52	00:47:28	02:38:52
177	Bonk	Thomas	Sen2	28	00:33:04	01:22:15	00:54:10	02:49:30
191	Korenko	Brono	Sen2	33	00:32:49	01:24:09	00:57:19	02:54:18
209	Stopf	Thomas	Sen2	37	00:35:17	01:30:09	00:54:07	02:59:34

Volksdistanz (750m - 25km - 5km)

23	Ebi	Iris	Sen2	3	00:25:32	00:59:34	00:24:24	01:49:30
13	Sauer	Claus	Sen2	3	00:18:34	00:46:34	00:24:09	01:29:18
47	Ralle	Thomas	Sen5	2	00:21:03	00:53:26	00:25:51	01:40:21

Triathlon Ingolstadt am 13.Juni 2010

Olympische Distanz (1500m - 40km - 10km)

112	Keller	Matthias	AK30	28	00:30:20	01:10:54	00:50:53	02:32:08
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Triathlon Erding am 20.Juni 2010

Olympische Distanz (1500m - 48,5km - 10km)

308	Kaiser	Robert	Sen3	8	00:24:05	01:24:44	00:48:35	02:46:12
392	Dressler	Oliver	AK4	93	00:34:19	01:30:24	00:45:13	02:59:13

Volksdistanz (400m - 20km - 4km)

3	Stahlkopf	Sebastian	M30	1	00:04:03	00:30:34	00:14:34	00:51:36
50	Scholl	Adrian	M40	20	00:06:43	00:34:12	00:15:57	01:00:57

Rothsee Triathlon am 27.Juni 2010

Olympische Distanz (1500m - 40km - 10km)

954	Conrad	Martina	W25	30	00:25:34	01:29:15	01:06:14	03:01:03
132	Biegner	André	M40	24	00:24:19	01:10:07	00:43:07	02:17:33
409	Renger	Klaus	M50	22	00:26:22	01:17:27	00:47:50	02:31:39
442	Sauer	Claus	M45	55	00:27:57	01:14:17	00:50:29	02:32:43
516	Bössler	Stephan	M40	116	00:25:30	01:20:32	00:49:36	02:35:38
901	Stopf	Thomas	M45	125	00:30:19	01:29:10	00:56:11	02:55:40
916	Ralle	Thomas	M60	9	00:36:31	01:24:35	00:56:24	02:57:30
1005	Manke	Robert	M20	47	00:32:18	01:33:33	01:01:41	03:07:32

Waginger See Triathlon am 27.Juni 2010

Olympische Distanz (1500m - 42km - 10km)

54	Arera	Oliver	M30	10	00:25:17	01:13:52	00:48:11	02:27:20
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Ironman Frankfurt am 4.Juli 2010

Langdistanz (3800m - 180km - 42,2km)

356	Lang	Jens	M35	89	01:06:54	05:31:20	03:45:36	10:29:59
463	Schwencker	Robert	M35	112	01:35:58	05:16:35	03:44:07	10:44:28

Karlsfelder Triathlon am 11.Juli 2010

Olympische Distanz (1500m - 48km - 10km)

44	Conrad	Martina	AK2	8	00:25:35	01:29:16	01:00:46	03:01:45
31	Stahlkopf	Sebastian	AK3	5	00:25:09	01:11:36	00:40:39	02:21:56
131	Schmaus	Ulrich	Sen1	28	00:26:40	01:16:25	00:48:50	02:37:33
148	Kaiser	Robert	Sen3	9	00:26:12	01:20:58	00:46:31	02:39:17
167	Sauer	Claus	Sen2	30	00:28:38	01:18:13	00:50:09	02:41:24
245	Maier	Thomas	Sen3	16	00:31:58	01:25:12	00:46:59	02:50:39
291	Dressler	Oliver	AK4	62	00:37:57	01:22:13	00:50:58	02:56:03

Volksdistanz (500m - 27km - 5km)

10	Schrittenlocher	Christina			00:10:12	00:46:20	00:23:47	01:25:59
32	Schrittenlocher	Renate			00:13:05	00:50:47	00:23:09	01:33:31
54	Holzmann	Yvonne			00:12:48	00:52:25	00:29:45	01:41:36
20	Scholl	Adrian			00:12:30	00:40:12	00:19:29	01:16:20
243	Maier	Gerhard			00:11:52	00:56:54	00:29:08	01:45:47

Tegernseer Tal Triathlon am 11.Juli 2010

Olympische Distanz (1500m - 40km - 10km)

167	Keller	Matthias	AK3	36	00:30:26	01:12:18	00:50:23	02:33:07
182	Renger	Klaus	MK50	2	00:31:24	01:14:47	00:50:16	02:36:27

Volksdistanz (600m - 20km - 5km)

63	Kanzi	Eugen Johann	M55	1	00:15:06	00:41:04	00:27:06	01:24:26
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Königsbrunn Triathlon am 11.Juli 2010

Olympische Distanz (1500m - 44km - 10km)

101	Neudert	Andreas	M35	14	00:27:50	01:25:34	00:57:36	02:51:00
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Volksdistanz (500m - 18km - 5km)

14	Ebi	Iris	W40	3	??	??	00:26:30	01:17:19
19	Westcott	Anja	W40	4	??	??	00:28:39	01:19:17
40	Stopf	Thomas	M40	13	00:11:45	00:34:32	00:26:35	01:12:52

Challenge Roth am 18.Juli 2010

Langdistanz (3800m - 180km - 42,2km)

131	Stenke	Andrea	W30	33	01:12:38	05:49:42	04:37:59	11:45:32
					Wechsel 1 + 2:21	Wechsel 2 + 2:55		
1054	Biegner	André	M40	263	01:02:20	05:18:25	04:34:00	11:00:25
					Wechsel 1 + 3:12	Wechsel 2 + 2:29		

SVF-Triathlon/Wörthsee am 25.Juli 2010

Olympische Distanz (1500m - 40km - 10km)

36	Schrittenlocher	Christina	W20	2	00:39:50	01:17:14	00:56:02	02:53:06
57	Keller	Matthias	M30	7	00:25:56	01:09:04	00:47:17	02:22:17
206	Bonk	Thomas	M45	42	00:32:25	01:15:40	00:55:34	02:43:39

229	Korenko	Brono	M45	47	00:31:11	01:16:27	00:58:40	02:46:18
250	Kanzi	Eugen Johann	M55	5	00:34:39	01:15:47	00:58:08	02:48:34

Hofheimer Triathlon am 25.Juli 2010

Olympische Distanz (1500m - 48km - 10,2km)

15	Arera	Oliver	M30	6	00:27:17	01:26:54	00:45:29	02:39:40
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Immenstadt Classic Triathlon am 31.Juli 2010

Mittelistanz (2000m - 80km - 20km)

60	Häußler	Apollonia	AK1	2	00:43:57	03:16:07	02:04:22	06:12:22
77	Conrad	Martina	AK2	12	00:36:32	03:32:04	02:23:32	06:41:09

Auerberg Triathlon am 01.August 2010

Olympische Distanz (1500m - 42km - 10km)

16	Stahlkopf	Sebastian	M30	5	00:19:26	01:13:08	00:42:13	02:14:47
59	Renger	Klaus	M50	4	00:22:23	01:24:09	00:50:06	02:36:38
87	Korenko	Brono	M45	18	00:24:46	??	??	02:55:25

Volksdistanz (500m - 20km - 5km)

37	Stopf	Thomas	M40	14	00:10:08	??	??	01:23:45
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Triathlon Mainz am 01.August 2010

Olympische Distanz (1200m - 44km - 10km)

277	Kanzi	Eugen Johann	M55	3	00:21:46	01:33:25	00:49:14	02:44:25
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Regensburg Duathlon am 08.August 2010

Olympische Distanz (3,50km - 40km - 10km)

22	Ebi	Iris	W45	2	00:12:45	01:15:15	00:48:43	02:16:43
32	Schrittenlocher	Christina	W20	7	00:12:34	01:16:43	00:51:52	02:21:09
49	Schrittenlocher	Renate	W40	7	00:13:10	01:26:14	00:49:20	02:28:44
60	Conrad	Martina	W25	14	00:16:18	01:20:38	01:02:19	02:39:15
91	Neudert	Andreas	M35	13	00:12:04	01:06:49	00:45:45	02:04:38
97	Boessler	Stephan	M40	20	00:12:17	01:10:00	00:43:34	02:05:51
103	Schmaus	Ulrich	M40	21	00:12:54	01:04:27	00:47:19	02:06:40
108	Sauer	Claus	M45	6	00:12:55	01:06:08	00:48:04	02:07:07
124	Kaiser	Robert	M50	5	00:13:13	01:09:44	00:46:50	02:09:47
152	Boehm	Gerhard	M40	33	00:13:08	01:09:29	00:52:09	02:14:46
157	Dressler	Oliver	M35	27	??	01:27:05	00:48:00	02:15:05
167	Kanzi	Eugen Johann	M55	3	00:13:09	01:13:47	00:48:47	02:15:43
175	Bonk	Thomas	M45	17	00:12:31	01:13:51	00:50:42	02:17:04
185	Ralle	Thomas	M60	1	00:13:29	01:14:34	00:50:46	02:18:49
193	Korenko	Brono	M45	19	00:13:45	01:13:55	00:52:59	02:20:39
198	Stopf	Thomas	M45	20	00:13:46	01:16:10	00:52:15	02:22:11

Sprintdistanz (3,50km - 20km - 5km)

44	Westcott	Anja	W40	5	00:14:54	00:55:05	00:24:31	01:34:30
10	Stahlkopf	Sebastian	M30	5	00:10:40	00:39:08	00:19:20	01:09:08
19	Scholl	Adrian	M45	1	00:10:44	00:41:50	00:19:47	01:12:21
50	Renger	Klaus	M50	3	00:11:35	00:42:20	00:21:56	01:16:51

Triathlon Erlangen am 08.August 2010

Mitteldistanz (2000m - 80km - 20km)

70	Lang	Jens	AK4	15	00:30:18	02:15:10	01:30:53	04:16:21
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Mainfrankentriathlon am 14. August 2010

Olympische Distanz (1650m - 41,50km - 10km)

45	Arera	Oliver	M30	10	00:13:06	01:09:44	0:45:38	02:08:28
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Inferno Triathlon Schweiz am 21.August 2010

Schwimmen 3100m - Rennrad 97km / 2145hm - Mountainbike 30km / 1180hm - Berglauf 25km / 2175hm

96	Schwencker	Robert	AK1	49	01:18:30	04:07:05	02:04:07	04:27:26
Gesamtzeit								12:01:01

3muc Triathlon Oberschleissheim am 22.August 2010

Olympische Distanz (1500m - 40km - 10km)

13	Ebi	Iris	W45	3	00:35:59	01:13:21	00:53:59	02:43:19
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258	Kanzi	Eugen Johann	M55	2	00:34:23	01:08:56	00:55:30	02:38:49
259	Stopf	Thomas	M45	17	00:28:36	01:13:51	00:56:23	02:38:50

Viernheim Triathlon am 22.August 2010

Olympische Distanz (1500m - 46km - 10km)

130	Stahlkopf	Sebastian	AK3	26	00:26:54	01:36:54	00:42:45	02:48:45
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Schliersee Alpen Triathlon am 18.September 2010

Olympische Distanz (1500m - 40km - 10km)

48	Stenke	Andrea	W30	11	00:31:20	01:42:59	00:56:27	03:10:47
64	Ebi	Iris	W45	6	00:36:59	01:52:26	00:52:12	03:21:38

83	Schwencker	Robert	M35	17	00:32:54	01:25:55	00:44:01	02:42:51
170	Sauer	Claus	M45	24	00:28:41	01:33:19	00:50:41	02:52:42
209	Kaiser	Robert	M50	7	00:26:24	01:40:43	00:50:07	02:57:15
229	Renger	Klaus	M50	8	00:27:57	01:41:04	00:50:58	03:00:00
240	Neudert	Andreas	M35	52	00:29:29	01:40:53	00:51:20	03:01:43
334	Bonk	Thomas	M45	56	00:30:11	01:48:20	00:55:02	03:13:34
380	Dressler	Oliver	M35	83	00:41:56	01:49:01	00:50:55	03:21:53
412	Stopf	Thomas	M45	74	00:29:58	01:59:28	01:01:20	03:30:47